

INDIAN ASSOCIATION OF PHYSIOTHERAPISTS MUMBAI Branch

Clinical -cum- General Body meet 12.06.2016:

The Clinical meet -cum- General body meet organised by the Mumbai Branch of Indian Association of Physiotherapists on 12/06/2016 at Toni Hall, Antonio D' Souza school, Dadar (W). It was attended by 70 Physiotherapists from Mumbai.

- **Dr. Sailesh Hathi, Convenor of Mumbai Branch** welcomed the delegates. He highlighted the programme for the day and introduced Dr. Nene, Orthopaedic Surgeon & Spine specialist to the gathering.
- **Dr. Nene** elaborated in detail a surgeon's view in **"Diagnosis and Management of the Backache"**. The entire session was lively with lots of questions and clarifications at the end. Dr. Nene stressed the importance of rehabilitation through Physiotherapy in the management of backache. The session was followed by Breakfast and tea.
- **Dr. Avanti Kadam PT**, delivered a talk on **"Ergonomics"** in various occupations. The session was very informative and through her presentation she made us aware about the best ergonomic postures in various occupations. The speaker clarified a lot of queries from the audience.
- Due to unavoidable reason **Ms. Yashvi Shukla** could not be able to deliver her lecture on **"Swiss ball Exercises for Back ache"**. Mumbai branch wholeheartedly thanks **Mr. Vipul Shetty ACSM Certified Trainer** with Qi, who had readily agreed to take the topic in a very short notice. Mr. Vipul Shetty took an energetic lecture with full live demonstration of exercises on Swiss ball to the participants. Participants too were very keen in observing and clarifying their doubts regarding performing exercises on a Swill ball.
- **All the speakers were felicitated by the Executive committee, Mumbai branch.**
- The session ended with **Annual General Body meet** of the members of Mumbai Branch followed by Lunch
- Delegates who had not collected their certificates are requested to contact Convenor, Mumbai Branch for their Certificates.

Sd/-

Dr. Sailesh Hathi PT (022-22048838)

Convenor, Mumbai Branch of IAP

Date: 16/06/2016.

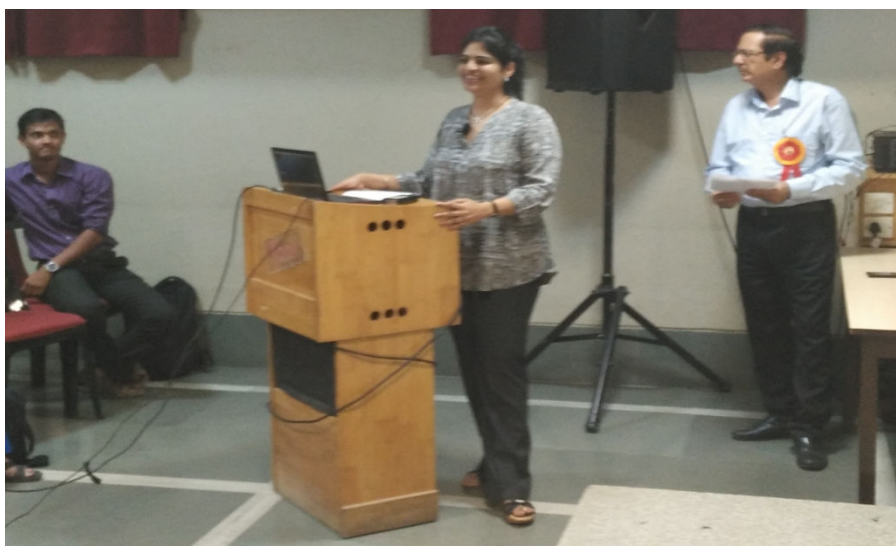
Picture Gallery



Dr. Abhay Nene, Senior Orthopaedic Surgeon and Spine specialist, spoke on “Diagnosis and Management of the Backache”



Dr. Abhay Nene felicitated by Dr. Dhruv Mehta PT, EC Member, Mumbai Branch of IAP



Dr. Avanti Kadam PT, Chief PT, Tender Care Physiotherapy Centre during her lecture on "Ergonomics"



Dr. Avanti Kadam PT felicitated by Dr. Rupal PT, EC Member, Mumbai Branch of IAP



Mr. Vipul Shetty during his demonstration of Exercises on Swiss/Medicine Ball



Mr. Vipul Shetty felicitated by Dr. Sailesh Hathi PT, Convenor, Mumbai branch of IAP

The Executive Committee, Mumbai Branch of Indian
Association of Physiotherapists



Thank you all for the support